



DAY • SPA

at Willow Valley

Massage Therapy & Bodywork

SIGNATURE MASSAGE

A massage tailored to provide therapeutic benefits including increased circulation, soothing of tired muscles, and promotion of overall wellness.

60-minute	\$80
75-minute	\$100
90-minute	\$115

AROMATHERAPY MASSAGE

Quiet your mind, nourish your skin, and release tension with this therapeutic experience. Pure essential oils are custom blended to promote relaxation, find balance, and reduce inflammation.

60-minute	\$90
75-minute.....	\$110
90-minute	\$125

HIMALAYAN SALT STONE MASSAGE

This soothing session includes the use of warmed Himalayan Salt Stones to ease muscle tension and stiffness, while reducing inflammation, stress, anxiety, and chronic pain, providing an overall sense of wellness.

60-minute	\$94
75-minute.....	\$114

DEEP TISSUE

This massage delivers slow deep pressure in a targeted area to reach deeper layers of connective tissue to release tension.

60-minute	\$95
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CBD (add-on service)..... +\$15

CBD products promote relaxation while easing pain and inflammation.

Massage Therapy & Bodywork

REFLEXOLOGY

Reflexology is an ancient therapy that involves applying pressure to reflex points in order to promote change and healing throughout the body.

60-minute \$80

HYDRATING BODYWRAP

A hydrating combination of body butter and essential oils is smoothed onto the body — allowing you to relax in a warm cocoon while enjoying a gentle face and scalp massage.

60-minute\$87



Skincare

SPA FACIAL

A multi-step treatment that cleanses, exfoliates, and nourishes the skin to promote a clear, well-hydrated complexion. This is one of the best ways to take care of your skin.

60-minute\$87

MICRODERMABRASION

A spray of exfoliating crystals are applied to the skins outer layer to remove dead skin cells. This resurfacing improves skin texture, diminishes the appearance of scars, evens skin tone, refines pores, renews elasticity, and promotes a healthy glow.

60-minute\$107

GLYCOLIC

Glycolic acid penetrates deeply into the skin to improve the appearance of acne, uneven skin, ingrown hairs, and the effects of aging. Because of its exfoliating nature, this treatment is effective on sun-damaged skin. *Includes Spa Facial. Not recommended for sensitive skin and rosacea.*

60-minute\$112

LACTIC PEEL

Lactic acid works on the surface of the skin to improve the appearance of fine lines and wrinkles while promoting hydrated smoother skin. This treatment is best for dehydrated skin. *Includes Spa Facial. Not recommended for acne.*

60-minute\$112

Skincare



DEEP CLEANSING BACK TREATMENT

This comprehensive treatment includes a deep cleanse and exfoliation, extractions of impurities, and imperfections from beneath the skins surface, a purifying mask and a moisturizer to restore nutrients and hydrate the skin.

60-minute\$86

VITAMIN C (add-on treatment)..... +\$27

Leaving skin glowing, this add-on treatment helps to even out skin tone, diminish fine lines, and reduce redness and irritation. This antioxidant treatment is great for all skin types, especially sun damaged and mature skin.

Waxing..... Starting at \$11

Lash or Brow Tinting..... Starting at \$23

Airbrush Tanning

Full Body Tanning \$41

Nail Services

SIGNATURE MANICURE\$25

Nail shaping, warm soak, cuticle care, hand massage, and polish.

Gel polish \$40

Basic manicure (no polish)..... \$20

SPA MANICURE\$32

Nail shaping, warm soak, cuticle care, an exfoliation and massage from hand to elbow, heated towel, and polish.

Gel polish\$47

SIGNATURE PEDICURE.....\$43

Relax in our massaging pedicure chair with a heated neck pillow while your feet get pampered. Enjoy a warm foot soak, nail trim, foot scrub, cuticle care, massage, and polish.

Gel polish\$58

Basic pedicure (no polish).....\$38

SPA PEDICURE\$54

Rest and recline in our massaging pedicure chair with heated neck pillow while you enjoy a soothing foot soak, nail trim, cuticle care, lower leg and foot exfoliating scrub, and hydrating mask with heated towels. Finish off with a relaxing massage and polish.

Gel polish\$69

Basic (no polish)\$49

Cut Only \$13

Cut and Polish\$23

Polish Change (lacquer only) \$12

Remove Gel Polish..... \$13

Hand Paraffin Dip..... \$12

Nail Builder\$10

Himalayan Salt Wall



Himalayan salt benefits accrue from the fact that it contains all 84 natural minerals present in our body. However, the large number of minerals in Himalayan salt is not the only attribute that makes it so valuable; Himalayan salt adds negative ions to the environment, helping to neutralize the harmful effects of positive ions that are released by the gadgets of our modern world, such as televisions, refrigerators, computers, and air conditioners. Inhaling these positive ions can have harmful effects on our health. Himalayan salt lamps and salt walls make use of the negative ions that these crystals release into the air. The effects are felt quickly, resulting in feelings of relaxation and freedom from anxiety within minutes of exposure.

Enjoy the benefits of Himalayan salt in our Relaxation Room, open during regular spa hours.

Planning Your Visit

FOR YOUR COMFORT

Please advise our staff of any medical conditions and prescription medications you are taking, as some services may be withheld based on this information.

In keeping with our commitment to cleanliness, safety, and hygiene, we sterilize and sanitize equipment for all services and treatments.

CANCELLATION POLICY

Your spa appointment is reserved exclusively for you. As a courtesy to all of our clients, we kindly request 24-hours notice when canceling an appointment; otherwise, you will be charged for the service.

DIRECTIONS

The Day Spa at Willow Valley Communities is conveniently located on the lower level of the Cultural Center. Visit our website or call for directions.

HOURS BY APPOINTMENT

Monday – Friday | 8:00 a.m. – 4:00 p.m.

Saturday | 8:00 a.m. – 2:00 p.m.

ARRIVING FOR APPOINTMENTS

Please arrive 15 minutes before your appointment to ensure that you receive your full service.

Prices are subject to change without notice.

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717.464.6873 | WillowValleyCommunities.org

DAY·SPA

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Cultural Center Vitality Level
900 Willow Valley Lakes Drive | Willow Street, PA 17584

717.464.6873 | WillowValleyCommunities.org
Giftcards: ShopWillowValley.org



WILLOW VALLEY
COMMUNITIES