

December 31, 2021

Communique

COVID-19 – Increased Cases Require Collective Diligence

The December 28, 2021 COVID-19 Advisory, which accompanies this Communique, provided information regarding eight (8) new Independent Living Resident positive cases—just since the prior Advisory issued on Friday. The current count of active Independent Living Resident COVID cases is 17. There are also numerous high risk exposures among our Residents. Exposed Residents have been advised to self-monitor and are encouraged to test.

The Lancaster County transmission rate is considered “high,” which represents sustained transmission of the COVID-19 virus. The two most common variants of the virus in our community are transmitted much more easily (potentially 70 times greater ease of transmission). **Now is the time for increased vigilance with prevention measures;** this is not a time to let our guard down. With case counts rapidly increasing, it is imperative that you make good risk mitigation choices and implement preventative measures for yourself and those around you.

Review of current WVC Protocols:

Contact Tracing

- The goals of contact tracing:
 - ◊ Identify individuals that have been exposed to the virus; and
 - ◊ Identify the source of the infection
- Contact tracing is conducted after a positive COVID-19 case is identified
- Individuals with a high risk exposure will be contacted

Exposure Testing

- If you have a known exposure, immediately begin to self-monitor for symptoms
 - ◊ If you remain asymptomatic, testing is available at the WVC Testing Center **5 days after the exposure event.**
 - ◊ Please note that testing too early after an exposure is not effective
 - ◊ Self-monitoring should continue for 14 days past the exposure date
 - ◊ Consistently wear a mask covering your nose and mouth to prevent potential further viral spread
 - ◊ Physical distance from others. When interacting, remain at least six feet apart
 - ◊ If you develop any symptoms of COVID-19, immediately isolate and notify Residential Nursing for assistance.
- If you are unvaccinated and have a known exposure, immediately isolate and notify Residential Nursing for assistance.

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Post-exposure Guidance

- Post-exposure WVC protocols must be followed while on campus.
- Community-based providers (outside of WVC) may provide guidance that is inconsistent with that of Willow Valley Communities.
- Please follow the most conservative guidance as we work together to protect each other from illness.

Travel

- Travel increases your risk of exposure to the COVID-19 virus. Always practice prevention when traveling.

Cruise Ship & International Travel	
Vaccinated Residents	<ul style="list-style-type: none">• Mask Required: Wear a mask during travel when on public transportation or within transit facilities such as airports and stations.• After travel, self-monitor for COVID-19 symptoms and get tested immediately if you develop symptoms.• After travel, COVID-19 testing is recommended 5 days after return. Residents may be tested at the WVC Testing Center. Testing Center hours are posted on the WVC Resident Intranet.• Quarantine is not required
Unvaccinated Residents	<ul style="list-style-type: none">• A negative COVID-19 test is required prior to travel. Please check with your airline for specific requirement.• Mask Required: Wear a mask during travel when on public transportation or within transit facilities such as airports and stations.• After travel:<ul style="list-style-type: none">◇ COVID-19 testing is required 5 days after return. Residents may be tested at the WVC Testing Center. Testing Center hours are posted on the WVC Resident Intranet.AND◇ Self-quarantine is required for a full 7 days after travel regardless of negative test• If you do not get tested following travel, then stay home and self-quarantine for 10 days after travel.• Avoid being around people who are at increased risk for severe illness for 14 days.

(please see next page)

Prevention Measures

- Prevention is very important during this time of increased cases on our campus.
 - ◇ Masking – wear a mask when in any indoor location
 - ◇ Physical distance – remaining 6 feet apart from others
 - ◇ Ventilation – areas with good air flow reduce the risk of transmission
 - ◇ Hand hygiene – use alcohol-based hand rub or wash your hands frequently
 - ◇ Get your vaccine booster at the next clinic:
 - **January 28, 2022**
 - **Call for an appointment 717-471-5651**
 - **Mylin House, Lakes Campus**
 - **Pfizer, J & J and Moderna are all available**

WVC Masking Protocol

- A mask is required anytime an individual is in a public area on our campuses, both indoors and outdoors, regardless of COVID-19 vaccination status.
 - ◇ **Mask is required for everyone: Team Members, Residents, Guests, Contractors, etc.**
 - ◇ **Mask is required for children 2 years and older.**
- **In every Supportive Living building, visitors are required to be masked at all times during the visit.**
 - ◇ Residents residing in Supportive Living are strongly encouraged to wear a mask during visitation.
- While outdoors, a mask may be lowered or removed if you can consistently maintain a physical distance of more than 6 feet from another person; however, the mask must be raised or put on as you approach or come in close contact with another person (i.e., while outside alone, you may have your masks lowered, but must quickly pull up the mask as you anticipate an encounter with another individual). Residents living in the same household are not required to wear a mask when spending time together outdoors.
- Swimming pool mask protocol is posted at each location.
- The mask mandate is in effect at the fitness center, sports center, and all indoor amenities.
- Please note that special events will continue to be available. Masks will be required. The performers may need to remove their mask while actively providing entertainment.
- ***We wear our masks to protect each other and our community.***
- Masking protocols will be reviewed at the end of January 2022

For regular, updated information: COVID BRIEFINGS with Pam Kinsey

- Shortened version of the Broadcast (10 – 20 minutes) taped, not live.
- Broadcast every week on Thursdays at 12:30 PM, 4:00 PM and 10:30 PM.
- WVTV CampusTV 4 | Comcast 822 **OR** via the button on the top of the Resident Intranet.

While all of us—Residents and Team Members alike—wish that COVID could become a thing of the past, we are all still managing through significant challenges of this virus. It has not gone away. At this time, Willow Valley Communities is experiencing a rise in cases within our Communities. Each of us must do our part to mitigate the risk of transmission.

At this time, with cases here on the rise, Residents and Team Members need to work together to be mindful, diligent, and kind to each other. I'm asking for your support, cooperation, and kindness as we strive to minimize the impact of COVID-19 within our Communities.

Denny — Dennis W. Griest, President & CFO

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COVID-19 Advisory



To:	Willow Valley Communities Residents
From:	Dennis W. Griest, President and CFO, Willow Valley Living
Date:	December 28, 2021
Subject:	COVID-19 Positive Residents (8) COVID-19 Positive Team Members (4)

A Manor (building) Resident has tested positive for COVID-19. The Resident is in isolation in their own apartment.

A North Resident has tested positive for COVID-19. After feeling ill, the Resident was transported to Penn Medicine/LGH Hospital, where a COVID test was conducted with a positive result. The Resident returned from the hospital and is in isolation in their own apartment.

A Lakes (building) Resident has tested positive for COVID-19. The source of the infection is known and is not related to Willow Valley Communities. The Resident is in isolation in their own apartment.

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A Spring Run Resident has tested positive for COVID-19. The source of the infection is known and is not related to Willow Valley Communities. The Resident is in isolation in their own apartment.

A Willow Gables Resident has tested positive for COVID-19. The Resident was tested for COVID in preparation for an unrelated procedure, at which time the positive diagnosis was made. The Resident is in isolation in their own home.

Four (4) Team Members have tested positive for COVID-19. The Team Members' departments, work locations, and most recent days worked at Willow Valley Communities are listed below.

- Team Member #1: Culinary Services at North; most recent day worked: 12/19
- Team Member #2: Culinary Services at The Glen; most recent day worked: 12/21
- Team Member #3: Nursing at The Glen; most recent day worked: 12/22
- Team Member #4: Culinary Services at Meadow Ridge; most recent day worked: 12/23

Willow Valley Communities is following protocols for contact with appropriate government agencies and is taking every step possible to limit further exposure. Willow Valley Communities implemented its contact tracing protocols to identify any known persons (Residents and/or Team Members) with whom the affected Residents or Team Members may have had exposure that requires additional risk mitigation.

We will continue to work with diligence to protect Willow Valley Communities' Residents and Team Members by implementing and adhering to, or exceeding, current recommended protocols and guidelines from expert authorities in the medical and scientific communities.

(please see next page)

Reminder: Future COVID-19 Advisories

Future Advisories announcing new COVID-19 cases at Willow Valley Communities will no longer be printed and distributed to mailboxes. When there is a need to report new COVID-19 cases, Advisories will be posted twice weekly (Tuesdays and Fridays) on the COVID web page under "Latest Updates." That web page can be found at this address:

www.WillowValleyCommunities.org/coronavirus

This page is also linked from the orange colored banner running across the top of the home page at www.WillowValleyCommunities.org.