

October 16, 2020

# Communiqué

## Coronavirus Update

### Changes to Self-Isolation Requirements

Since the emergence of COVID-19, Willow Valley Communities has taken a conservative approach by requiring Residents to self-isolate in a number of different scenarios. It has been, and continues to be, our desire to be aware of all potential opportunities for COVID-19 to be brought into our community and to minimize the risk of spread occurring. After review of the various reasons for requiring isolation, and consideration of the low number of positive cases in Independent Living and the time that has passed since active positive cases, Willow Valley Communities has eliminated some of the scenarios that previously required Residents to self-isolate. Going forward, the following conditions and scenarios continue to necessitate a Resident(s) to be in 14-day isolation:

1. Resident is under investigation for COVID-19
2. Resident has tested positive for COVID-19
3. Resident is experiencing respiratory illness symptoms such as shortness of breath, fever, cough, or sore throat
4. Resident has returned from international travel within the last 14 days
5. Resident has been in contact with someone who has tested positive and did not practice social distancing and wearing a mask

Please note that if you are experiencing any of the situations above, and another Resident lives in your residence, the other Resident will also need to adhere to the 14 day isolation requirement.

Beginning Monday, October 19, 2020, Residents will no longer be required to self-isolate due to the following scenarios:

1. Resident is discharging back to their apartment after having been admitted to the hospital
2. Resident is discharging back to the apartment after having been in observation at the hospital
3. Resident is returning to the apartment after having been in the hospital Emergency Room
4. Resident is returning to the apartment after having been at Urgent Care

It is important that you inform Resident Nursing of any of the above situations, as it is critical that you monitor yourself for symptoms or changes in how you feel. Nursing will provide you with steps to take to self-monitor. You will be provided with a 14-day self-monitoring checklist to complete. Nursing will call you

*(over please)*

on day 7 and on day 14 to inquire as to how you are feeling and if you are experiencing any symptoms. Please call Resident Nursing immediately if you experience any of the following symptoms:

1. Temperature of 100 or higher
2. Cough
3. Shortness of breath
4. Sore throat
5. Muscle pain
6. Headache
7. Chills
8. GI symptoms
9. New loss of taste or smell
10. Fatigue

Please remember, you play a critical role in mitigating the risk of transmission and spread of COVID-19 within our communities. It is imperative that we all work together to continue to keep our campuses as healthy as possible. Thanks to these collaborative efforts, as well as to other changes in our operation, Willow Valley Communities has been successful in minimizing COVID-19 positive cases and the spread of the virus across our campuses.

Thank you in advance for following these revised recommended guidelines and reporting all of the above situations to Resident Nursing. We also thank you for continuing to practice safe interactions with others around you.

*Danielle*— Danielle Geyer, Senior Director Manor Campus

*Glennnda*— Glennnda Hart, Senior Director Lakes Campus

### **SouthPointe Site Work**

Just a reminder to the Willow Valley Community that the SouthPointe construction zone located off of Peach Bottom Road is closed seven days a week, 24 hours a day to all Residents and guests.

SouthPointe is an active construction zone with numerous safety risks and hazards. Throughout the zone, there is activity from contractors and their vehicles, fork lifts, and other equipment, as well as deliveries from various vendors. Because of all of this activity, the very best way for residents to stay safe is to not enter the work site, so please refrain from driving in to the SouthPointe construction zone, or entering the zone by any other means, such as bicycle or on foot.

Thank you for your cooperation!

*Nate*— Nathan Seldomridge, Manager of Construction and Renovation