Reopening Implementation Plan for the Pennsylvania Department of Human Services's Interim Guidance for Personal Care Homes, Assisted Living Residences and Private Intermediate Care Facilities During COVID-19

This template is provided as a suggested tool for Personal Care Homes, Assisted Living Residences and private Intermediate Care Facilities to use in developing their Implementation Plan for reopening in accordance with the Pennsylvania Department of Human Service's Interim Guidance for Personal Care Homes, Assisted Living Residences and Private Intermediate Care Facilities During COVID-19. This (or another version of an Implementation Plan) is to be posted on the facility's website (if the facility has a website) or available to all residents, families, advocates such as the Ombudsman and the Department upon request. This is NOT to be submitted to the Department. The facility will progress to the next step of reopening only when the criteria are met as described in the Interim Guidance for Personal Care Homes, Assisted Living Residences and Intermediate Care Facilities During COVID-19. If at any point during reopening the facility fails to meet the criteria for reopening or is operating under a contingency staffing plan, the facility will cease reopening immediately.

FACILITY INFORMATION	
This section contains the name and location of the facility along with contact information for an	
individual designated by the facility. That individual does not have to be the Administrator but should	
be someone available to respond to questions regarding the Implementation Plan.	
1. FACILITY NAME	
Willow Valley Communities, Meadow Ridge	
2. STREET ADDRESS	
925 Willow Valley Lakes Drive	
3. CITY	4. ZIP CODE
Willow Street	17584-9049
5. NAME OF FACILITY CONTACT PERSON	6. PHONE NUMBER OF CONTACT PERSON

DATE AND STEP OF REOPENING

717-464-6816

The facility will identify the date upon which all prerequisites will be met to begin the reopening process and the Step at which the facility will enter reopening. Those facilities that experienced a significant COVID-19 outbreak will identify the date the Department of Health survey was conducted (that is required prior to reopening).

7. DATE THE FACILITY WILL ENTER THE REOPENING PROCESS

8/30/2020

Lenore Hutchinson

DATE AND STEP OF REOPENING

8. SELECT THE STEP AT WHICH THE FACILITY WILL ENTER THE REOPENING PROCESS – EITHER STEP 1 OR STEP 2 (CHECK ONLY ONE)

☐ Step 1

The facility must meet all the Prerequisites included in the Interim Guidance for Personal Care Homes, Assisted Living Residences and private Intermediate Care Facilities During COVID-19

Step 2

The facility must meet all the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents (in accordance with the <u>June 26, 2020, Order of the Secretary of Health</u>)

AND

Have the absence of any new facility onset of COVID-19 cases for 14 consecutive days since baseline COVID-19 testing

HAS THE FACILITY EXPERIENCED A SIGNIFICANT COVID-19 OUTBREAK? (IF NO, SKIP TO #11)

No

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

To ensure the facility has taken appropriate measures to protect residents and staff, descriptions of those strategies are required in this section (prerequisites to enter the reopening process).

10. DATE RANGE FOR THE BASELINE UNIVERSAL TEST ADMINISTERED TO STAFF AND RESIDENTS (BETWEEN JUNE 14, 2020 AND AUGUST 31, 2020) IN ACCORDANCE WITH THE JUNE 26, 2020, ORDER OF THE SECRETARY OF HEALTH

7/20/2020 to 7/22/2020

11. DESCRIBE THE ABILITY TO HAVE COVID-19 DIAGNOSTIC TESTS ADMINISTERED TO ALL RESIDENTS SHOWING SYMPTOMS OF COVID-19 AND TO DO SO WITHIN 24 HOURS

Willow Valley Communities has a contract with Clarity Labs for universal testing. LHG lab and the Department of Health (DOH) lab are used for symptomatic Residents.

12. DESCRIBE THE ABILITY TO HAVE COVID-19 DIAGNOSTIC TESTS ADMINSTERED TO ALL RESIDENTS AND STAFF IF THE FACILITY EXPERIENCES AN OUTBREAK, INCLUDING ASYMPTOMATIC STAFF

Willow Valley Communities has the resources needed to test all Residents and Team Members should there be an outbreak. Meadow Ridge has completed three rounds of universal testing of all Residents and Team Members.

13. DESCRIBE THE PROCEDURE FOR TESTING OF NON-ESSENTIAL STAFF AND VOLUNTEERS

All non-essential staff and volunteers would be tested through Clarity Labs and also at regular intrvals through universal testing.

14. DESCRIBE THE PROCEDURE FOR ADDRESSING RESIDENTS OR STAFF THAT DECLINE OR ARE UNABLE TO BE TESTED

Asymptomatic Residents who refuse or are unable to be tested would be placed in a yellow zone and isolated for 14 days while they are monitored for COVID-19 symptoms. Symptomatic Residents will be tested and if positive, placed in a Red zone for recovery.

Team Members who decline testing are assigned a work schedule according to DOH zone guidelines. Team Members who choose not to comply with reassignment requirements are placed on a 10 day unpaid personal leave for reconsideration. If the Team Member still cannot comply, they will be considered to have voluntatily terminated their employment.

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

15. DESCRIBE THE PLAN TO COHORT OR ISOLATE RESIDENTS DIAGNOSED WITH COVID-19 IN ACCORDANCE WITH PA-HAN-509 PURSUANT TO SECITON 1 OF THE INTERIM GUIDANCE FOR Personal Care Homes, Assisted Living Residences and Intermediate Care Facilitiess DURING COVID-19.

Residents with a positive COVID test are immediately transferred to a red zone. All new admissions are tested for COVID-19 prior to being admitted. If they test positive, they are placed in a red zone, if they test negative they are placed in isolation for 14 days while they are monitored for signs of COVID-19.. After 14 days with no signs of COVID, they are transferred to the style of room of their choice in a green zone. Should a wing or floor need to be made a yellow zone, Residents sharing a bathroom and couples living in the same apartment would remain together. Should one of the Residents show signs of COVID, the Resident sharing the space would be transferred to a private room in the yellow zone.

16. DESCRIBE THE CURRENT CACHE OF PERSONAL PROTECTIVE EQUIPMENT (PPE) AND THE PLAN TO ENSURE AN ADEQUATE SUPPLY OF PPE FOR STAFF (BASED ON THE TYPE OF CARE EXPECTED TO BE PROVIDED)

PPE inventory is monitored to ensure that we maintain an adequate supply taking into account our current burn rate. Contracts with supply companies are maintained, which provides the resources needed to maintain our PPE supply.

17. DESCRIBE THE CURRENT STAFFING STATUS AND THE PLAN TO ENSURE NO STAFFING SHORTAGES

An Emergency Staffing Plan has been developed and can be implemented should we experience a staffing shortage. At this time, Meadow Ridge has no staffing shortage at this time.

18. DESCRIBE THE PLAN TO HALT ALL REOPENING FACILITIES AND RETURN TO STEP 1 IF THE FACILITY HAS ANY NEW ONSET OF POSITIVE COVID-19 CASES

Meadow Ridge will return to the protocols set forth by The Department of Health, if any new COVID cases appear. Residents and POAs will be notified of the change in protocols.

SCREENING PROTOCOLS

In each block below, describe the screening protocol to be used including where screening occurs, method of determining symptoms and possible exposure, and action taken if screening reveals possible virus. Include how the data will be submitted to the Department.

19. RESIDENTS

Residents are screened for signs of COVID twice a day. Results of the screenings are documented in the Resident's medical record. If the Resident has symptoms of COVID, the Resident is placed in isolation pending COVID test results. Residents diagnosed with COVID are moved to a red zone. A tracing is completed to identify possible transmission. The area where the Resident resided becomes a yellow zone for at least 14 days and Residents and staff are monitored for signs of COVID. Positive COVID results are reported to DOH and Department of Human Services (DHS).

20. STAFF

Entrances to the campus are monitored by security. All persons entering the campus are screend for COVID by screeners. Staff who do not pass the screening questions are contacted by a nurse who evaluates the need for staying home or testing. Team Members who test positive isolate until recovered. A screening nurse stays in contact with the Team Member until the Team Member is recovered and can return to work. Contact tracing is completed for movement within Willow Valley Communities to identify areas of risk and possible transmission. The Resident care area where the Team Member worked becomes a yellow zone for 14 days and Residents and Team members are monitored for signs of COVID.

SCREENING PROTOCOLS

21. HEALTHCARE PERSONNEL WHO ARE NOT STAFF

Entrances to the campus are monitored by security. All persons entering the campus are screend for COVID-19 symptoms. Persons who do not pass the screening are refused entrance onto the campus. Should a Health Care person who was in the building report they are positive, then the area where they worked becomes a yellow zone for 14 days and Residents and Team members are monitored for signs of COVID. A tracing is completed to identify possible transmission.

22. NON-ESSENTIAL PERSONNEL

Entrances to the campus are monitored by security. All persons entering the campus are screend for COVID. Staff who do not pass the screening are contacted by a nurse who evaluates the need for testing and determines eligibility for return to work. Team Members who test positive isolate until considered recovered. A tracing is completed to identify areas of risk and possible transmission within Willow Valley Communities. The area where the Team Member worked becomes a yellow zone for 14 days and Residents and Team members are monitored for signs of covid.

23. VISITORS

At this time, the only visitors who are allowed are those dropping off an item or picking up an item or for "end of life" visits and Connection Cottage visits. Entrances to the campus are monitored by security. All persons entering the campus are screend for COVID. Visitors who do not pass the screening are not permitted onto the campus. Should a visitor report they are positive for COVID, a tracing would be done to evaluate possible transmission.

24. VOLUNTEERS

At this time, volunteers are not permitted to enter Meadow Ridge. Entrances to the campus are monitored by security. All persons entering the campus are screend for COVID. Staff who do not pass the screening are contacted by a third level screener who evaluates the need for testing. Team Members who test positive isolate until considered recovered. A tracing is completed to identify ares of risk and possible transmission within Willow Valley Communities. The area where the Team Member worked becomes a yellow zone for 14 days and Residents and Team members are monitored for signs of covid.

COMMUNAL DINING FOR RESIDENTS UNEXPOSED TO COVID-19

Communal dining is the same for all steps of reopening so there is no need to differentiate among the three steps.

25. DESCRIBE COMMUNAL DINING MEAL SCHEDULE, INCLUDING STAGGERED HOURS (IF ANY)

Meals will be scheduled by floor, which allows time for cleaning between floors. A Hostess will seat the Resdients. Limited numbers of residents will be served at each seating.

26. DESCRIBE ARRANGEMENT OF TABLES AND CHAIRS TO ALLOW FOR SOCIAL DISTANCING

Tables are placed six feet apart. A variety of tables allow for one Resident or two Residents to sit together. A Plexiglas sheet is placed on several of the tables, which allows a Resident to eat with another Resident in safety. Tables for one allow for Residents to sit alone if they wish; couples living together in the same apartment may eat at the same table.

27. DESCRIBE INFECTION CONTROL MEASURES, INCLUDING USE OF PPE BY STAFF

Hand hygiene will be offered to residents prior to each meal and will be performed by Team Members routinely. Meals will be scheduled by floor allowing for cleaning time between servings. A hostess will seat the Residents. Residents will wear a mask as they enter the dining room, as they order their meal, and as they exit the dining room. The Culinary Team will wear a procedure mask and face shield/goggles. The Culinary Team will have additional training on infection control and handwashing.

COMMUNAL DINING FOR RESIDENTS UNEXPOSED TO COVID-19

28. DESCRIBE ANY OTHER ASPECTS OF COMMUNAL DINING DURING REOPENING

Residents will be encouraged to participate in communal dining to benefit from physical activity, socialization, and emothional support by the Culinary Team. A Resident may request to receive a tray in their room should they wish.

ACTIVITIES AND OUTINGS

In each block below, describe the types of activities that will be planned at each step and the outings that will be planned at Step 3 (an all-inclusive list is not necessary). Include where they will be held and approximately how many residents will be involved. Describe how social distancing, hand hygiene, and universal masking will be ensured. Also include precautions that will be taken to prevent multiple touching of items such as game pieces.

29. DESCRIBE ACTIVITIES PLANNED FOR STEP 1 (FIVE OR LESS RESIDENTS UNEXPOSED TO COVID-19)

Resident programs will be limited to five and will be held in the activity room (accommodates 10 Residents with social distancing) and the auditorium (accommodates 15 Residents with social distancing). Activites would include exercise, movies, crafts, reminiscing groups, bible study, and book club. Items would not be shared and would be cleaned after use. All Residents will wear a mask and use of hand sanitizer will be supervised before and after programing. Rooms will be sanitized after each program.

30. DESCRIBE ACTIVITIES PLANNED FOR STEP 2 (TEN OR LESS RESIDENTS UNEXPOSED TO COVID-19)

Resident programs will be limited to ten and will be held in the activity room (accommodates 10 Residents with social distancing) and the auditorium (accommodates 15 Residents with social distancing). Activites would include exercise, movies, crafts, reminiscing groups, bible study, and book club. Items would not be shared and would be cleaned after use. All Residents will wear a mask and use of hand sanitizer will be supervised before and after programing. Rooms will be sanitized after each program.

31. DESCRIBE ACTIVITIES PLANNED FOR STEP 3

Resident programs will be limited to ten in the activity room (accommodates 10 Residents with social distancing) and 15 in the auditorium (accommodates 15 Residents with social distancing). Activites would include exercise, movies, crafts, reminiscing groups, bible study, and book club. Items would not be shared and would be cleaned after use. All Residents will wear a mask and use of hand sanitizer will be supervised before and after programing. Rooms will be sanitized after each program.

32. DESCRIBE OUTINGS PLANNED FOR STEP 3

Outings will be planned with limited Residents to allow for social distancing. Residents will wear a face mask and hands will be sanitized before entering and exiting the vehicle. Vehicles will be sanitized after each use. Several sizes of vehicles are available.

NON-ESSENTIAL PERSONNEL

In Step 2, non-essential personnel <u>deemed necessary</u> by the facility are allowed (in addition to those already permitted in Section 4 of *Interim Guidance for Personal Care Homes, Assisted Living Residences and Intermediate Care Facilities During COVID-19*). In Step 3, <u>all</u> non-essential personnel are allowed. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for non-essential personnel.

NON-ESSENTIAL PERSONNEL

33. DESCRIBE THE LIMITED NUMBER AND TYPES OF NON-ESSENTIAL PERSONNEL THAT HAVE BEEN DETERMINED NECESSARY AT STEP 2

The need for non-essential personnel will be determined based on individual Resident need. Entrances to the campus are monitored by security. All persons entering the campus are screend for COVID. Visitors who do not pass the screening are not permitted onto the campus. Hand hygiene is require upon entering and exiting the building. Proper PPE is required and provided if needed. Should a visitor report they are positive for COVID, a tracing would be done to evaluate posible transmission.

34. DESCRIBE HOW SOCIAL DISTANCING, HAND HYGIENE, AND UNIVERSAL MASKING WILL BE ENSURED FOR NON-ESSENTIAL PERSONNEL AT STEPS 2 AND 3

Non-essential personnel are required to sign documentation stating they have performed hand hygiene, are wearing a mask, and will practice social distancing. Weekely audits are completed to ensure compliance.

35. DESCRIBE MEASURES PLANNED TO ENSURE NON-ESSENTIAL PERSONNEL DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19

Non-essential personnel are not permitted in a yellow or red zone.

VISITATION PLAN

For visitation to be permitted in Steps 2 and 3 of reopening (as described in Section 6 of *Interim Guidance for Personal Care Homes, Assisted Living Facilities and Intermediate Care Facilites During COVID-19*), the following requirements are established. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for visitors.

36. DESCRIBE THE SCHEDULE OF VISITATION HOURS AND THE LENGTH OF EACH VISIT

Visitation via the Connection Cottage (window visits) is from 8:00am to 6:00pm. Visits are scheduled for 45 minutes.

37. DESCRIBE HOW SCHEDULING VISITORS WILL OCCUR

Visits are scheduled by appointment.

38. DESCRIBE HOW VISITATION AREA(S) WILL BE SANITIZED BETWEEN EACH VISIT

Visites are scheduled on the hour and last 45 min allowing for Team Members to clean both the Connection Cottage (visitor) and the meditation room (Resident).

39. WHAT IS THE ALLOWABLE NUMBER OF VISITORS PER RESIDENT BASED ON THE CAPABILITY TO MAINTAIN SOCIAL DISTANCING AND INFECTION CONTROL?

Willow Valley Communities has created a stand alone visitation cottage that allows the Resident and visitor to visit through glass windows and an intercom system. The Connection Cottage can accommodate six visitors.

40. DESCRIBE THE ORDER IN WHICH SCHEDULED VISITS WILL BE PRIORITIZED

Visits are scheduled on a first come, first served basis. Residents with urgent needs can be accommodated with a Zoom vist.

41. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 2 (CONSIDERING SUCH SAFETY FACTORS AS EXPOSURE TO OUTDOOR WEATHER AND TRANSPORTING RESIDENT TO VISITOR LOCATION)

STEP 2

N/A. Meadow Ridge is not accepting visitors at this time, other than Connection Cottage visits. Residents must have no signs or symptoms of COVID-19 and must not be in isolation (yellow zone).

42. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 2 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE

VISITATION PLAN

The Connection Cottage is a climate controlled enclosed building.

43. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS

N/A

44. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED IN THE EVENT OF EXCESSIVELY SEVERE WEATHER TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE

The Connection Cottage is a climate controlled enclosed building.

45. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS

N/A

46. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 3 (CONSIDERING SUCH SAFETY FACTORS AS TRANSPORTING RESIDENT TO VISITOR LOCATION)

N/A

47. WILL OUTDOOR VISITATION BE UTILIZED AT STEP 3? IF NO, SKIP TO QUESTION #52

N/A

48. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 3 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")

N/A

STEP 3

49. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")

N/A

50. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")

N/A

51. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")

N/A

52. FOR THOSE RESIDENTS UNABLE TO BE TRANSPORTED TO THE DESIGNATED VISITATION AREA, DESCRIBE THE INFECTION CONTROL PRECAUTIONS THAT WILL BE PUT IN PLACE TO ALLOW VISITATION IN THE RESIDENT'S ROOM

Visitors will be limited to three, PPE will be provided, and the visitors will be escorted to the Resident's room. When the visit is completed, the visitors will be excorted out of the building.

VOLUNTEERS

In Step 2, volunteers are allowed only for the purpose of assisting with outdoor visitation protocols and may only conduct volunteer duties with residents unexposed to COVID-19. In Step 3, all volunteer duties may be conducted, but only with residents unexposed to COVID-19. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required for volunteers.

53. DESCRIBE INFECTION CONTROL PRECAUTIONS ESTABLISHED FOR VOLUNTEERS, INCLUDING MEASURES PLANNED TO ENSURE VOLUNTEERS DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19

Entrances to the campus are monitored by security. All persons entering the campus are screend for COVID. Volunteers who do not pass the screening are not permitted onto the campus. Education on hand hygiene and use of PPE will be required. Volunteers are not permitted in yellow or red zones, except end of life visits.

54. DESCRIBE THE DUTIES TO BE PERFORMED BY VOLUNTEERS DURING STEP 2 Volunteers will not be permited during step 2

 $\underline{\textit{Lenore Hutchinson}}_{\text{SIGNATURE OF ADMINISTRATOR}}$

8/24/2020 DATE